

# An Online Expression of the Holy Eucharist

Using the prayer for Communion with Christ  
The Fourth Sunday after Pentecost  
(Proper 8)

The Rev. Dr. William Carl Thomas – Celebrant and Preacher

*Celebrant* Blessed by God: Father, Son, and Holy Spirit.

*People* And blessed by God's kingdom, now and forever. Amen.

## COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

## Gloria in Excelsis

Glory to God in the highest,  
and peace to his people on earth.

Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.

*Celebrant* The Lord be with you.  
*People* And also with you.  
*Celebrant* Let us pray.

Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever..  
*Amen.*

### A Reading from Genesis (22:1-14)

God tested Abraham. He said to him, "Abraham!" And he said, "Here I am." He said, "Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt offering on one of the mountains that I shall show you." So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac; he cut the wood for the burnt offering, and set out and went to the place in the distance that God had shown him. On the third day Abraham looked up and saw the place far away. Then Abraham said to his young men, "Stay here with the donkey; the boy and I will go over there; we will worship, and then we will come back to you." Abraham took the wood of the burnt offering and laid it on his son Isaac, and he himself carried the fire and the knife. So the two of them walked on together. Isaac said to his father Abraham, "Father!" And he said, "Here I am, my son." He said, "The fire and the wood are here, but where is the lamb for a burnt offering?" Abraham said, "God himself will provide the lamb for a burnt offering, my son." So the two of them walked on together.

When they came to the place that God had shown him, Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood. Then Abraham reached out his hand and took the knife to kill his son. But the angel of the Lord called to him from heaven, and said, "Abraham, Abraham!" And he said, "Here I am." He said, "Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me." And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and took the ram and offered it up as a burnt offering instead of his son. So Abraham called that place "The Lord will provide"; as it is said to this day, "On the mount of the Lord it shall be provided.

The Word of the Lord.  
*Thanks be to God.*

## Psalm 13

- 1 How long, O LORD?  
will you forget me for ever? \*  
how long will you hide your face from me?
- 2 How long shall I have perplexity in my mind,  
and grief in my heart, day after day? \*  
how long shall my enemy triumph over me?
- 3 Look upon me and answer me, O LORD my God; \*  
give light to my eyes, lest I sleep in death;
- 4 Lest my enemy say, "I have prevailed over him," \*  
and my foes rejoice that I have fallen.
- 5 But I put my trust in your mercy; \*  
my heart is joyful because of your saving help.
- 6 I will sing to the LORD, for he has dealt with me richly; \*  
I will praise the Name of the Lord Most High.

## The Epistle

### A Reading from Romans (6:12-23)

Do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace.

What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification.

When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life.

For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

The Word of the Lord.

*Thanks be to God.*

The Gospel

Matthew 10:40-42

Jesus said, "Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple-- truly I tell you, none of these will lose their reward."

*Celebrant*        The Gospel of the Lord.  
*People*            Praise to you, Lord Christ.

The Sermon

The Rev. Dr. William Carl Thomas

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We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven

and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the  
dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life, who  
proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

### The Prayers of the People - Form IV (For St. Timothy's Wilson NC)

*The Leader and People pray responsively*

In peace, we pray to you, Lord God.

*Silence*

For all people in their daily life and work;

**For our families, friends, and neighbors, and for those who are alone.**

For Donald our President, Roy our Governor, Carlton our Mayor, for this  
community, the nation, and the world;

**For all who work for justice, freedom, and peace.**

For the just and proper use of your creation;

**For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble;

**For those who minister to the sick, the friendless, and the needy.**

For the peace and unity of the Church of God;

**For all who proclaim the Gospel, and all who seek the Truth.**

For Michael, our Presiding Bishop; Sam and Anne, our Bishops; Bill, our priest;  
and for all bishops, priests, deacons, and those in religious orders;

**For all who serve God in his Church.**

For the special needs and concerns of this congregation.

*Silence*

Peggy Horton, Bill Robinette, Nicole Bryant, Buster Dawson, Jerry Hamill,  
Bonnie Campbell, Eva Morriss, Bill Wrenn, Sarah Anne Lamm, Maggi Swain,  
Dallas Clark, Pauline Skinner Neal, Frank Grainger, Judi Grainger, Pat  
Grainger, Claudia Jenkins, April Lamm, those affected by Covid-19 especially

Amelia (Molly) Vazquez; and, those who have ongoing needs as listed in our website and those who suffer from any grief or trouble

O gracious God, you know our unique needs as we continue this journey to recognize and select our new Rector.

We pray that You give us a renewed spirit of devotion to this purpose. Let nothing be lost of the faithful work of the past Give to us the ability to respect, with love and compassion, whatever differences of opinion, thought, and ideas we may have with each other.

Finally, we ask Your blessing upon the St. Timothy's family, even as we continue to pray for the priest, known only to You, who is on the way to us. All this we ask in Jesus's name, who lives and reigns with You and the Holy Spirit, forever and ever. Amen.

We pray for the mission and ministries of our sister Episcopal Churches of St. Mark's and Guadalupana.

We pray for our military personnel serving throughout the world, particularly those in war zones. We pray for those affected by terrorism, both domestic and abroad, and for those who protect us from such acts of violence, especially Sgt. Mary Ashleigh Williams and Chief Warrant Officer Ben Williams.

Grant, O God, that your holy and life-giving Spirit may so move every human heart and especially the hearts of the people of this land, that barriers which divide us may crumble, suspicions disappear, and hatreds cease; that our divisions being healed, we may live in justice and peace.

Hear us, Lord;  
**For your mercy is great.**

We thank you, Lord, for all the blessings of this life.

*Silence*

We pray for those who are celebrating birthdays this week, especially Pat Fleming, Brittany Boykin, Cader Garrett, Avery Elizabeth Batts, Elizabeth Skinner, Nancy Ballard, Eliza Gauss, Bob Putney, Raegan Long, and Peaches Saunders-Smith.

We will exalt you, O God our King;  
**And praise your Name for ever and ever.**

We pray for all who have died, especially Dorothy Jean Thomas, that they may have a place in your eternal kingdom.

*Silence - The People may add their own petitions*

Lord, let your loving-kindness be upon them;  
**Who put their trust in you.**

We pray to you also for the forgiveness of our sins.  
*Silence may be kept.*

*Leader and People*

**Have mercy upon us, most merciful  
Father; in your compassion forgive us our  
sins, known and unknown,  
things done and left undone;  
and so uphold us by your Spirit  
that we may live and serve you in newness of life,  
to the honor and glory of your Name;  
through Jesus Christ our Lord. Amen.**

*The Bishop when present, or the Priest, stands and says*

Almighty God have mercy on you, forgive you all your sins through our  
Lord Jesus Christ, strengthen you in all goodness, and by the power of  
the Holy Spirit keep you in eternal life. *Amen.*

## **The Peace**

*Celebrant*     The peace of the Lord be always with you.  
*People*        **And also with you.**

## **The Holy Communion**

*Celebrant*     But do not neglect to do good and to share what you have,  
for such sacrifices are pleasing to God.

## **The Great Thanksgiving: Eucharistic Prayer B**

*Celebrant*     The Lord be with you.  
*People*        **And also with you.**  
*Celebrant*     Lift up your hearts.  
*People*        **We lift them to the Lord.**  
*Celebrant*     Let us give thanks to the Lord our God.  
*People*        **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to  
you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life; you made us in your image, and  
called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

*At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

*Celebrant and People*

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*The Celebrant continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable

through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [and] all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Alleluia. Christ our Passover is sacrificed for us;  
Therefore let us keep the feast. Alleluia.

The Gifts of God for the People of God.

*You are invited to now freeze the video and join in saying the prayer for Communion with Christ from the Prayer Book for the Armed Forces*

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. And since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

## The Post-Communion Prayer

Almighty and everliving God,  
we thank you for feeding us with the spiritual  
food of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your  
Son, and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.

## The Blessing

Life is short,  
And we do not have much time  
to gladden the hearts  
of those who make the journey with us.  
So be swift to love,  
and make haste to be kind.  
And the blessing of God,  
who made us,  
who loves us,  
and who travels with us  
be with you now and forever.  
*AMEN*

## The Dismissal

Let us go forth into the world rejoicing in the power of the Spirit.  
Thanks be to God.