

# An Online Expression of the Holy Eucharist

Using the prayer for Communion with Christ  
The Sixth Sunday after Pentecost  
(Proper 10)

The Rev. Dr. William Carl Thomas – Celebrant and Preacher

*Celebrant* Blessed by God: Father, Son, and Holy Spirit.

*People* And blessed by God's kingdom, now and forever. Amen.

## COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

## Gloria in Excelsis

Glory to God in the highest,  
and peace to his people on earth.

Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.

*Celebrant*     The Lord be with you.  
*People*         **And also with you.**  
*Celebrant*     Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

### A Reading from Genesis (25:19-34)

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the Lord. And the Lord said to her, "Two nations are in your womb, and two peoples born of you shall be divided; the one shall be stronger than the other, the elder shall serve the younger."

When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them.

When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob.

Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, "Let me eat some of that red stuff, for I am famished!" (Therefore he was called Edom.) Jacob said, "First sell me your birthright." Esau said, "I am about to die; of what use is a birthright to me?" Jacob said, "Swear to me first." So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

The Word of the Lord.  
*Thanks be to God.*

## Psalm 119:105-112

- 105 Your word is a lantern to my feet \*  
and a light upon my path.
- 106 I have sworn and am determined \*  
to keep your righteous judgments.
- 107 I am deeply troubled; \*  
preserve my life, O LORD, according to your word.
- 108 Accept, O LORD, the willing tribute of my lips, \*  
and teach me your judgments.
- 109 My life is always in my hand, \*  
yet I do not forget your law.
- 110 The wicked have set a trap for me, \*  
but I have not strayed from your commandments.
- 111 Your decrees are my inheritance for ever; \*  
truly, they are the joy of my heart.
- 112 I have applied my heart to fulfill your statutes \*  
for ever and to the end.

## The Epistle

### A Reading from Romans (8:1-11)

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

*Thanks be to God.*

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

*Celebrant*            The Gospel of the Lord.  
*People*                Praise to you, Lord Christ.

The Sermon

The Rev. Dr. William Carl Thomas

#### NICENE CREED

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:

by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the  
dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life, who  
proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

#### The Prayers of the People - Form VI (For St. Timothy's Wilson NC)

*The Leader and People pray responsively*

In peace, we pray to you, Lord God.

*Silence*

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For Donald our President, Roy our Governor, Carlton our Mayor, for this  
community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Michael, our Presiding Bishop; Sam and Anne, our Bishops; Bill, our priest;  
and for all bishops, priests, deacons, and those in religious orders;  
**For all who serve God in his Church.**

For the special needs and concerns of this congregation.

*Silence*

Peggy Horton, Bill Robinette, Nicole Bryant, Buster Dawson, Jerry Hamill,  
Bonnie Campbell, Eva Morriss, Bill Wrenn, Sarah Anne Lamm, Maggi Swain,  
Dallas Clark, Pauline Skinner Neal, Frank Grainger, Judi Grainger, Pat  
Grainger, Claudia Jenkins, April Lamm, Doug Robelen, those affected by Covid-  
19 especially Amelia (Molly) Vazquez; and, those who have ongoing needs as  
listed in our website and those who suffer from any grief or trouble

O gracious God, you know our unique needs as we continue this journey to  
recognize and select our new Rector.

We ask Your Holy Spirit for guidance, insight, and direction as we prayerfully  
draw to our midst the leader you would choose for us.

Grant us continued confidence in our choices and strength to embrace the  
changes.

Finally, we ask Your blessing upon the St. Timothy's family, even as we  
continue to pray for the priest, known only to You, who is on the way to us. All  
this we ask in Jesus's name, who lives and reigns with You and the Holy Spirit,  
forever and ever. Amen.

We pray for the mission and ministries of our sister Episcopal Churches of St.  
Mark's and Guadalupana.

We pray for our military personnel serving throughout the world, particularly  
those in war zones. We pray for those affected by terrorism, both domestic and  
abroad, and for those who protect us from such acts of violence, especially Sgt.  
Mary Ashleigh Williams and Chief Warrant Officer Ben Williams.

Almighty and eternal God, so draw our hearts to you, so guide our minds, so fill  
our imaginations, so control our wills, that we may be wholly yours, utterly  
dedicated to you; and then use us, we pray, as you will, and always to your glory  
and the welfare of your people.

Hear us, Lord;

**For your mercy is great.**

We thank you, Lord, for all the blessings of this life.

*Silence*

We pray for those who are celebrating birthdays this week, especially Thomas Dixon Barnes, Alan Johnson, Peggy Jennette, Michael Kushner, Lindsey Wilkinson, Marcus Fielding.

We will exalt you, O God our King;  
**And praise your Name for ever and ever.**

We pray for all who have died, that they may have a place in your eternal kingdom.

*Silence - The People may add their own petitions*

Lord, let your loving-kindness be upon them;  
**Who put their trust in you.**

We pray to you also for the forgiveness of our sins.

*Silence may be kept.*

*Leader and People*

**Have mercy upon us, most merciful  
Father; in your compassion forgive us our  
sins, known and unknown,  
things done and left undone;  
and so uphold us by your Spirit  
that we may live and serve you in newness of life,  
to the honor and glory of your Name;  
through Jesus Christ our Lord. Amen.**

*The Bishop when present, or the Priest, stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## **The Peace**

*Celebrant*     The peace of the Lord be always with you.  
*People*         And also with you.

## **The Holy Communion**

*Celebrant*     But do not neglect to do good and to share what you have,  
for such sacrifices are pleasing to God.

## The Great Thanksgiving: Eucharistic Prayer B

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

*At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

*Celebrant and People*

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*The Celebrant continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [and] all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

Alleluia. Christ our Passover is sacrificed for us;  
Therefore let us keep the feast. Alleluia.

The Gifts of God for the People of God.

*You are invited to now freeze the video and join in saying the prayer for Communion with Christ from the Prayer Book for the Armed Forces*

**In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer you praise and thanksgiving. I remember your**

death, Lord Christ; I proclaim your resurrection; I await your coming in glory. And since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come.  
*Amen.*

#### The Post-Communion Prayer

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. *Amen.*

#### The Blessing

Life is short,  
And we do not have much time  
to gladden the hearts  
of those who make the journey with us.  
So be swift to love,  
and make haste to be kind.  
And the blessing of God,  
who made us,  
who loves us,  
and who travels with us  
be with you now and forever.  
*AMEN*

#### The Dismissal

Let us go forth into the world rejoicing in the power of the Spirit.  
Alleluia, Alleluia, Alleluia.  
Thanks be to God. Alleluia, Alleluia, Alleluia!